

Karen
Valencic

KEYNOTES, TRAINING & CONSULTING



what others are saying about Karen Valencic...

"Karen takes a difficult subject, one that many would like to avoid, and keeps her audience riveted. Whether as a speaker or a consultant, Karen has built her business on repeat business. You can feel very confident selecting her."

Nancy Ablrichs, SPHR, VP of Employee Engagement UW of Indiana

"Karen had a wonderful energy about her. I enjoyed how interactive she was with the audience!"

MGMA National Conference, participant

"Karen's keynote presentation roused a room full of people in just the right ways after a very full week. We so appreciated her light yet upbeat style and the hands-on ways she illustrated her points. The principles, concise process and examples she covered were easily applied to our work."

Roger Frick, United Way Great Rivers Conference Committee Chairs



Leadership, Teams and Conflict

Blending engineering concepts with martial arts and current communication theory, Karen Valencic delivers entertaining, yet content-rich presentations. Her Spiral Impact® model provides profound insight and structure for leadership, teams and conflict.

Outcomes include:

- **Lead with Influence rather than control**
- **Transform destructive conflict into innovative solutions**
- **Collaborate with team members and stakeholders**

Titles include:

▶ **Using Conflict Creatively**

"Conflict is the spark that ignites the fire of invention and creativity," however, the flames of conflict can also destroy the trust and vitality essential to relationships in a successful business enterprise.

▶ **Lead with Influence and Impact**

Influence is the secret to making an impact, getting results, and personally excelling for leaders. Karen will show you how using a spiral to influence is simple and gives stellar long-term results.

▶ **The Power to Get It Done with Grace**

Can you push something toward you? No! Pushing is away. Why keep pushing to make things happen?

▶ **Innovate through Differences**

Think about it: Innovation requires conflict. Performance peaks when you are challenged. Spiral to innovate through conflict!

▶ **Maintain Momentum in Times of Rapid Change**

Many advocate for change, yet when it impacts us directly it can be paralyzing. In this session, learn the 5 keys to maintaining productive momentum through change.

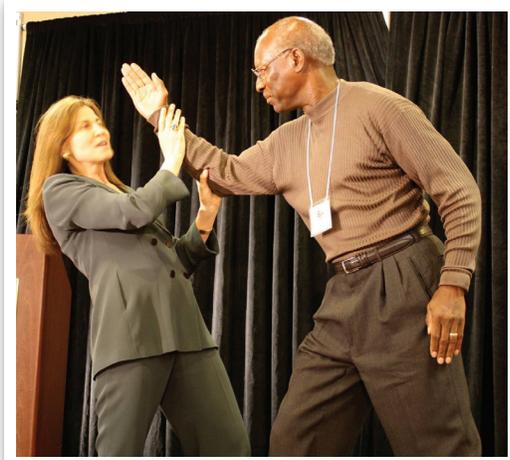


Spiral Impact®

The Power to Get it Done with Grace

www.spiralimpact.com

about Karen Valencic



For over 20 years Karen has helped leaders and teams improve performance and get along. Her presentations are action packed with audience involvement. A black belt in the martial art aikido, she demonstrates all of her concepts physically, keeping even an after lunch crowd engaged. She provides practical tools that can be used immediately.

Prior to forming Spiral Impact in 1992, Karen worked as a design project engineer with Delco Remy, a Division of General Motors, for ten years. There she learned getting agreement, collaboration, and follow-thru with people are top business challenges. This motivated her to seek more productive ways for people to interact.

Valencic is the author of "Spiral Impact: The Power to Get It Done with Grace" and "Giving Deliberate Feedback for Leaders." She is also the creator of "Strengthen Your Balance and Focus While Driving" audio recording.



She served on the Central Indiana Chapter of the American Society of Training and Development Board of Directors for six years. She is currently an Executive-In-Residence at Butler University, College of Business. Karen is an active member of the Indianapolis Aikikai, an ASU aikido dojo.

Karen's long-term clients include Indiana University Health, Roche Diagnostics Corporation, and American United Life. She has presented at many conferences including Medical Management Group Association National, American College of Health Care Executives, Greenleaf Servant Leadership National, and many ASTD and SHRM chapter and regional meetings. For a full list please check her website ...

"She was terrific. I very much appreciated her style and left with several take-a-ways, which is very important when spending a day out of the office."

Massachusetts Hospital Association, participant

"Frankly the best advice I've received for stressful negotiations. Spiral Impact brings structure and clarity to problem solving."

**Donnie Reed,
Riley Hospital for Children,
Director of Operations**

"Karen has been instrumental in providing coaching to our leadership and focus to the teams to help them overcome conflict and re-engage in the purpose of their work."

**Diana Iseminger,
Indiana University Health,
Director, Leadership Development**



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